

Morrow Counseling and Psychotherapy PLLC

Consent for Treatment

Welcome to my practice. This document contains important information about my professional services and business policies. Please read this document carefully and jot down any questions that you might have so that we can discuss them at our first meeting.

PSYCHOLOGICAL SERVICES

Counseling is not easily described in general statements. It varies depending on the personality of the client and the therapist, as well as the particular problem the client brings. There are a number of different approaches that can be utilized to address the problem you hope to resolve. It is not like visiting a medical doctor, in that counseling requires a very active effort on your part. In order to be most successful, you will have to work on things we talk about both during our sessions and at home.

Counseling has both benefits and risks. Risks sometimes include a slight increase in symptoms for a few sessions as problems are explored. Counseling often requires discussing unpleasant aspects of your life. Counseling has been shown to have positive benefits for individuals who undertake it. Counseling often leads to significant reduction in feelings of distress, better relationships, and resolutions of specific problems. However, there are no guarantees about what specific benefits you might experience.

CLIENT RIGHTS

You have the right to ask questions you may have about the process, methods, duration, and goals of services; the right to discuss any concerns you may have about the progress in counseling; and the right to terminate services if you feel you have accomplished your goals or you are not making progress.

CONFIDENTIALITY

One of your most important rights involves confidentiality. Within certain limits, information revealed during counseling will be kept strictly confidential and will not be revealed to any other person or agency without your written permission. However, there are certain legal and/or ethical limits to confidentiality which require a counselor to reveal information obtained during counseling to other persons or agencies, without the client's permission. Limits to confidentiality include the following:

1. If a client threatens grave bodily harm or death to another person, a counselor may be required to inform appropriate legal authorities and the intended victim.

2. If a client expresses a serious intent to grievously harm her/himself, it may be necessary for a counselor to reveal information to family members and/or persons authorized to respond to such emergencies, in order to protect the client from harm.
3. If a court of law issues a legitimate subpoena or court order, a counselor is required to provide information that is specifically described in the document.
4. If a client is being evaluated or treated by order of court of law, the results of the evaluation or treatment ordered must be revealed to the court.
5. If a counselor has a good reason to suspect that a child is a victim of physical abuse, sexual abuse, or neglect, these suspicions must by law be reported to the Department of Human Services.

It is important that you understand these limitations to confidentiality as outlined above.

PROFESSIONAL FEES

My standard session fee is \$85 for couples and \$60 for individual counseling for a 50-minute session.

I certify that I understand the contents of this document, and I give my consent for counseling services.

Signature Date

THE ABOVE INFORMATION WAS DISCUSSED WITH THE CLIENT

Client's Signature Date

Counselor's Signature Date